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Introduction

Manufacturer’s note

Ultrasound Guided Thoracentesis Simulator can facilitates trainings in Thoracentesis. The puncture sites are anatomically correct and reproduce realistic needle-tip resistance and sensation. The upper torso manikin can be set in different position to learn patient positioning.

**Features**
- Excellent ultrasound image
- Feedback on successful/unsuccessful procedure
- Body torso for one-man training
- Two sites for access: right mid-scapular line and left mid axially line
- Strap-on puncture units to learn patient positioning and communication
- Anatomy includes: ribs, pleura, soft tissue and diaphragm
- Ribs can be palpated
  - mid-axially line unit: 6-9th rib
  - mid-scapular line unit: 8-11th rib
- Volume of pleural effusion can be controlled to set different levels of challenges

This Ultrasound Guided Thoracentesis Simulator has been developed for the training of medical and paramedical professionals only. Any other use, or any use not in accordance with the enclosed instructions, is strongly discouraged. The manufacturer cannot be held responsible for any accident or damage resulting from such use. Please use this model carefully and refrain from subjecting to any unnecessary stress or wear. Should you have any questions on this simulator, please feel free to contact our distributor in your area or KYOTO KAGAKU at any time. (Our contact address is on the back cover of this manual)

⚠️ **DOs and DON’Ts**

**DOs**
- Handle the manikin and the components with care.
- Storage in a dark, cool space will help prevent the skin colours from fading.
- The manikin skin may be cleaned with a wet cloth, if neccessary, using mildly soapy water or diluted detergent.

**DON’Ts**
- Do not let ink from pens, newspapers, this manual or other sources contact with the manikin, as they cannot be cleaned off the manikin skin.
- Never use organic solvent like paint thinner to clean the skin, as this will damage the simulator.
- Even if color on its surface might be changed across the ages, this does not affect the quality of its performance.

Handling of Thoracentesis Pad
- Because the puncture site of the Thoracentesis pad is made of soft and delicate material, wipe with wet wipes if it gets dirty. Do not apply too much pressure with a dry cloth or other material. The pad can also be deformed and/or deteriorated if it is left in direct contact with other resin products for a long time.
Set includes

Before you start, ensure that you have all components listed below.

- a. Upper torso manikin (including the spacer) 1
- b. Thoracentesis pad (for mid-axially line access) 1
- c. Thoracentesis pad (for mid-scapular line access) 1
- d. Thoracentesis container (including simulated lung and diaphragm) 2
- e. Explanation model 1
- f. Fitting strap for thoracentesis unit (One pair includes 2 straps) 2 pairs
- g. Pillow 1
- h. Lung air tube 1
- i. Syringe 1
- j. Funnel 1
- k. Plastic jar (small) 1
- l. Spacer for the Pericardiocentesis puncture unit 1
- Instruction manual

<table>
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<tr>
<th>code</th>
<th>name</th>
<th>quantity</th>
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<tbody>
<tr>
<td>11383-010</td>
<td>Thoracentesis pad (for mid-axially line access) (a pair)</td>
<td></td>
</tr>
<tr>
<td>11383-020</td>
<td>Thoracentesis pad (for mid-scapular line access) (a pair)</td>
<td></td>
</tr>
<tr>
<td>11383-030</td>
<td>Replacement simulated lung (a pair)</td>
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Assembly of the Thoracentesis Units

The thoracentesis pad and the thoracentesis container are packed separately. Assemble the thoracentesis unit before training.

1. Confirmation of the components
   Two types of thoracentesis pad for different puncture sites are included. A sticker is pasted on the top of each pad to indicate the type. Take care to avoid mixing them up.
   (The shapes of the ribs are different.)

2. Confirm the setting of the simulated lung and diaphragm
   The simulated lung and diaphragm are set in the container. Ensure that both parts are in place and fixed securely.
3. Assembling the thoracentesis units

Engage the thoracentesis pad and the thoracentesis container. With the pad (skin) side facing down, push the lock inward with both hands until you hear a "click" sound to engage it securely. After engaging the locks of both sides thread the Velcro tape through the slits on the locks of both sides to hold the pad and the container together.

Ensure that the locks on the both sides of the thoracentesis pad are engaged securely. If they are loose, water poured into the puncture pad will leak. Velcro tape is provided as a safeguard to prevent the thoracentesis pad from being removed accidentally while the unit is filled with water. Always ensure that the pad and the container are held together with the velcro tape.
2. **Control the Volume of Pleural Effusion**

The simulator allows to set the different levels of challenges by controlling volume of the effusion (capacity of the pleural space). The capacity of the plural space is changed by the size of the lung. As factory setting, the lung is inflated and the pleural space is minimized. The space can be widened by deflating the simulated lung.

1. Insert the connector on the tip of the lung air tube into the lung air adjustment pipe located on the top of the unit. Next, screw the connector clockwise. Then remove the plug on the water inlet. (When removing the plug, hold the black handle and pull off while moving it slightly from side to side.)

2. Connect the syringe to the three-way tap. And then turn it clockwise to lock. Open the three-way tap (set the lever to perpendicular to the syringe) and pull back the plunger of the syringe to aspire the air from the simulated lung.
2 Control the Volume of Pleural Effusion

Approximately 150mL of air can be extracted from the simulated lung in maximum.

3. After pulling back the fully, close the three-way tap by turning the lever parallel to the syringe.
   Remove the syringe from the tube. Repeat the following steps when necessary to extract enough air to make pleural space that fits for the training purpose.
   - Empty the syringe.
   - Connect the tip of the syringe to the tube and open the three-way tap.
   - Pull back the plunger and close the three way tap.
   - Remove the syringe.

4. Close the cock of the three-way tap and remove the syringe from the tube.

[Amount of pleural effusion (water) in the puncture unit]

Pleural effusion when approx. 50mL of air is extracted

Pleural effusion when approx. 100mL of air is extracted

[Caution]

The ultrasonic images above show brand-new lung. In case of a used part, air might not be extracted fully. Check the ultrasound image after filling the unit with water, to see if intended volume of pleural space is made.
If the simulated lung is inflated soon after extracting air from it, replace it with new one.
(See p. 19 -20 for the replacement procedure.)

Ensure that the cock of the three-way tap is closed before removing the syringe.
If the cock is left open, air will enter into the simulated lung again.
1. After setting the lung volume, fill the unit with water. First, insert the funnel into the water inlet after removing the plug, then pour water slowly from the plastic jar into the funnel while supporting it by hand until the water surface reaches to the reference line on the window on the back of the unit.

![Image of filling the unit with water]

- **Caution**: Take care not to let water in the pad exceed the reference line. When water exceeds the reference line during training due to an increase in lung capacity, discharge the excessive water.

  **[Water volume]**
  When the simulated lung is inflated fully, approximately 200mL of water can be poured into the pad. When the lung is in the most deflated condition, you can pour approximately 370 - 380mL of water.

- **Caution**: Above mentioned water volume may differ in case of a used (punctured) simulated lung is used.

2. After filling the unit with water, insert the plug securely in the water inlet and then remove the lung air tube by turning the connector on the tip of the tube counter-clockwise.

![Image of removing the lung air tube]

- **Caution**: Ensure never to close or block the opening for the lung air adjustment pipe after removing the tube. If the opening is blocked, it becomes impossible to extract the pleural effusion (water) by the syringe during thoracensis training.
4 Set the Puncture Unit to the Upper Torso Manikin

[Training with the upper torso manikin]

1. Engage the upper part of the puncture unit in the attaching slot on the manikin, and then insert and push the lower part. Be sure to use appropriate type of the puncture pad for each site. The type is indicated by the sticker on the upper part of the pad.

5 Wear the Puncture Unit on the Chest

[Training with a SP]

1. Install the fitting strap on the thoracentesis unit. Use two straps for each pad. Attach the catch of the strap by aligning the hole of the catch with the attaching screw on the top of the unit (of the shoulder strap) so that the screw head comes through the hole. Then pull the strap belt to engage the catch and the screw. (You can feel the catch snapping into place.) Attach one strap from the left side to the right side. Similarly attach another strap to the attaching screws on the lower part of the unit (for the body strap).
## Preparation

### Wear the puncture Unit on the Chest

2. Wear the puncture unit from the shoulder by using the upper strap. Put the head and an arm through the loop of the upper strap so as to let the strap hang from the shoulder to the chest on the opposite side. Adjust the length of the strap while putting the puncture unit on the targeted location (either of the left thoracic part or the right dorsal part) as required.

3. Fastening the lower strap. Undo the buckle of the strap and then wrap it on around the body. Adjust the length of the strap as required.

⚠️ **Tips**

To save time, adjust the length of the strap before wearing the unit. Help each other to adjust the shoulder strap.
1. In the case of training with a SP, position the patient appropriately using a seat or chair.

[Training with the upper torso manikin]

1. When conducting the training with the manikin in sitting position, place the manikin on a stable surface such as a table. In the case of training with the model in anteflexion position, use the positioning pillow.

- Do not mark the manikin or the pad.
- For training of the disinfection procedure of the puncture area, use water instead of disinfectant.
- Do not apply anesthesia. It might cause water leakage from the thoracentesis pad.
- A 22G or 23G hypodermic needle is recommended for puncturing.

* If you use a hypodermic needle thicker than 22G, the pad will deteriorate more rapidly.
1. Be sure that the unit is empty and no water remains inside. Disassemble the puncture unit. Detach the Velcro tape of the back side and pull it off from the slits of the locks on the left and right sides.

2. Next, with the pad side facing down, use the fingers of each hand to disengage the lock of the one side push it toward the front. Then, disengage the lock on the other side. After the locks are disengaged, remove the thoracentesis pad from the container.

**Caution**

When disengaging the locks on the puncture pad, use both hands to disengage the locks one by one. Do not try to unlock the pad with one hand (for each lock) as shown in the photos below. Your skin may be pinched between the lock and the edge of the pad.

Before opening the pad, always be sure to discharge the inner water. (See p.15)
3. After removing the thoracentesis pad, install the explanation model.

4. Engage the upper part of the thoracentesis unit with the explanation model in the attaching slot on the manikin, and then insert and push the lower part.

The explanation model facilitates three dimensional understanding of positional relationship of anatomical structures, as well as direction and depth of the needle insertion.

⚠️ Attention

The ribs of the explanation model represent those in the right dorsal part.
2. Change the Effusion Volume during the Session

1. First close the cock of the three-way tap of the lung air tube. Then insert the connector on the tip of the lung air tube into the lung air adjustment pipe located on the top of the unit. Next, screw the connector clockwise. Then remove the plug on the water inlet.

Ensure that the cock of the three-way tap is closed before removing the plug of the water inlet. If the plug is removed while the cock is opened, the lung capacity might change arbitrarily.

2. When you extract the air from lung, connect the empty syringe to the three-way tap and lock it by turning clockwise. Pull the plunger while setting the three-way tap in the open position. When you air the lung, fill the syringe with air and connect it to the three-way tap. Lock it by turning clockwise. Put the syringe while setting the three-way tap in the open position. After adjusting the lung size, close the cock of the three-way tap and remove the syringe from the tube.
3. Adjust the level of water. Be sure to pour or extract the pleural effusion (water) to the reference line as instructed in p. 7.

Collect the extracted water in the plastic jar or the other container to avoid spill over.

4. After the pad is filled with water to the reference line, insert the plug securely in the water inlet and remove the lung air tube, then resume training.
1 After Training

[Training with the upper torso manikin]

1. Insert a finger under the lower part of the puncture pad that is installed in the manikin, then pull it to detach the puncture unit.

[Training with a SP]

1. Remove the straps from the thoracentesis unit. Hold the catch of the strap and press it toward the attaching screw until the large hole of the catch is aligned with the screw head. Then pull the catch off the unit to detach it. Detach all four catches.

2. Remove the plug of the water inlet, and discharge the water in the pad. After disposing the pleural effusion, use wet wipes to wipe off the jell used for ultrasonography. Be sure to avoid leaving any jell on the surface.

Caution

Because the puncture part of the thoracentesis pad is made of soft and delicate material, do not apply too much pressure with a dry cloth or other material.
3. Detach the Velcro tape of the back side and pull it out from the slit of both pad locks.

4. Disengage the thoracentesis pad and the thoracentesis container. With the pad side facing down, use the fingers of each hand to disengage the lock of the one side push it toward the front. Then disengage the lock on the other side. After the locks are disengaged, remove the thoracentesis pad from the container.

**Caution**

When disengaging the locks on the puncture pad, always use both hands to disengage the locks one by one. Do not try to unlock the pad with one hand (for each lock) as shown in the photos below. Your skin may be pinched between the lock and the edge of the pad.
5. Wipe off any moisture accumulated on the thoracentesis pad and inside the thoracentesis container completely. Then, while inserting a finger under the black plate that is used to fix the simulated lung, raise the plate and the lung together. Wipe off the moisture inside.

6. After the moisture is wiped off completely, reset the simulated. Insert the edge of the black plate under the white retainer plate. First, put one of the edge of the black plate under the retainer plate and then push the other side of the black plate under another retainer plate.

7. When the thoracentesis container is stained, clean it using mildly soapy water and dry it well.

8. For storage the simulator, detach the thoracentesis pad from the thoracentesis container.

Caution
Do not store the thoracentesis unit with the pad and the container assembled and locked. This may cause deterioration of the watertight packing.
1 Removing of the thoracentesis pad

[Common to the exchange of simulated lung and the thoracentesis pad]

1. Detach the Velcro tape of the back side and pull it out from the slit of both pad locks.

2. With the pad side facing down, use the fingers of each hands to disengage the lock of the one side push it toward the front. Then disengage the lock on the other side. After the locks are disengaged, remove the thoracentesis pad from the container.

**Caution**

When disengaging the locks on the puncture pad, always use both hands to disengage the locks one by one. Do not try to unlock the pad with one hand (for each lock) as shown the photos below. Your skin may be pinched between the lock and the edge of the pad.
Replacement of the consumable parts

Simulated Lung
Thoracentesis pad

2 Simulated lung

1. While inserting a finger under the black plate, raise the plate and the lung together. Next, hold the tube from the simulated lung that is connected to the lung air adjustment pipe located on the top of the thoracentesis container, then pull it downward to detach.

2. Replace with the new simulated lung, and then connect the tube from the lung to the lung air adjustment pipe located on the top of the thoracentesis container. Then insert the edge of the black plate under the white retainer plate. First, put one of the edges of the black plate under the retainer plate and then push the other side of the black plate under the retainer plate on the other side to install the simulated lung.
3 Assembling of the thoracentesis puncture unit

[Common to the exchange of simulated lung and the thoracentesis pad]

☐ To continue training after replacing the consumable parts

1. Engage the thoracentesis pad and the thoracentesis container. With the pad (skin) side facing down, push the lock inward with both hands until you hear a "click" sound to engage it securely. After engaging the locks of both sides thread the Velcro tape through the slits on the locks.

☐ After training

2. For storage the simulator, detach the thoracentesis pad from the thoracentesis case.

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Caution
Do not store the thoracentesis unit with the pad and the container assembled and locked. This may cause deterioration of the watertight packing.
Don’t mark on the model and other components with pen or leave printed materials contacted on their surface. Ink marks on the models will be irremovable.

- For inquiries and service, please contact your distributor or KYOTO KAGAKU CO., LTD.